




# RSU 54 School Lunch Menu



## March 2023

All kids eat free, stop by for all 5 or leave with at least 3



Monday	Tuesday	Wednesday	Thursday	Friday
<b>27</b> Mini Corn Dogs w/cheese dip Baked Beans Sweet Peas Strawberry Cup <b>Fruit and Veggie Bar</b>	<b>28</b> Chicken Teriyaki Bowl Steamed Brown Rice Best Ever Broccoli Pineapple Mandarin Salad <b>Fruit and Veggie Bar</b>	<b>1</b> Breakfast Sandwich Ham, Egg & Cheese Garden Salad w/ Romaine Orange Juice <b>Fruit and Veggie Bar</b>	<b>Dr. Suess Birthday</b> <b>2</b> Hop on Pop Chicken Who Mash cheesy Potatoes Wisket Biscuit, Oobleck Corn Truffula Fruit w/grapes <b>Fruit and Veggie Bar</b>	<b>3</b> School Made Pizza Hamburger or Chicken Tomato & Cucumber Salad Kitchen Fruit Choice <b>Fruit and Veggie Bar</b>
<b>National</b> <b>6</b> Baked French Toast Cheese Stick Snappy Carrot Sticks Warm Blueberries <b>Fruit and Veggie Bar</b>	<b>School</b> <b>7</b> Cheesy Eggs & Ham Potato Bowl Baked Beans Warm Buttery Biscuit Cool Diced Peach Cup <b>Fruit and Veggie Bar</b>	<b>8</b> Red/Blue Yogurt Parfait w/ Granola Topping Tasty Tomato Bites Sweet Sliced Strawberries <b>Fruit and Veggie Bar</b>	<b>Breakfast</b> <b>9</b> Warm Buttermilk Pancakes Sausage Links Oven baked Oval Hashbrown Warm Applesauce <b>Fruit and Veggie Bar</b>	<b>Week</b> <b>10</b> Oven Baked Breakfast Pizza turkey bacon or sausage Garden Salad w/ Romaine Orange Juice <b>Fruit and Veggie Bar</b>
<b>13</b> Beef & Gravy Egg Noodles Diced Carrots Diced Pears <b>Fruit and Veggie Bar</b>	<b>14</b> Fish Sticks Mashed Potatoes Sweet Peas Cinnamon Apple Slices <b>Fruit and Veggie Bar</b>	<b>15</b> Philly Chicken Sub Baked Beans Cool Coleslaw Sweet Diced Peaches <b>Fruit and Veggie Bar</b>	<b>16</b> Shepard's Pie Mashed Potatoes Sweet Corn Niblett's Pineapple & Mandarin Oranges <b>Fruit and Veggie Bar</b>	 <b>St Patrick's Day</b> <b>17</b> <b>Teacher's Workshop Day</b> <b>Fruit and Veggie Bar</b>
<b>Nat'l Ravioli Day</b> <b>20</b> Ravioli w/Meat sauce WG Buttery Garlic Roll Tossed Salad w/baby spinach Cinnamon Applesauce <b>Fruit and Veggie Bar</b>	<b>21</b> Hamburger/ Cheeseburger Sweet Peas Sweet Potato Fries Banana <b>Fruit and Veggie Bar</b>	<b>22</b> Chicken Fajitas Mexican Rice & Beans Seasoned Corn Strawberry Cup <b>Fruit and Veggie Bar</b>	<b>23</b> Mozzarella Sticks or Pizza Crunchers Red Dipping Sauce Garden Salad w/ Romaine Chilled Diced Pears <b>Fruit and Veggie Bar</b>	<b>Cheese Steak Day</b> <b>24</b> Beef Hoagie w/Shredded Cheese Potato Wedges Roasted Green Broccoli Cinnamon Apple Slices <b>Fruit and Veggie Bar</b>
<b>27</b> BBQ Pulled Pork Sub Broccoli Salad Baked Beans Warm Cinnamon Apple Sauce <b>Fruit and Veggie Bar</b>	<b>Food on a Stick Day</b> <b>28</b> Pancake on a Stick Yogurt Cup Diced Carrots Mixed Fruit <b>Fruit and Veggie Bar</b>	<b>29</b> Bosco Sticks Marinara dipping Sauce Tossed Salad w/Spinach Sweet Crisp Apple <b>Fruit and Veggie Bar</b>	<b>MLB Opening Day</b> <b>30</b> <i>Home Run</i> Frank w/roll <i>Field Day</i> Fries <i>Double Play</i> Coleslaw <i>Strike out</i> Diced Pears <b>Fruit and Veggie Bar</b>	<b>Nat'l Tater Tot Day</b> <b>31</b> Chicken Pot Pie w/Tater tot topping Peas & Carrot Green Kiwi Wedges <b>Fruit and Veggie Bar</b>

A Low Fat or Skim Milk Variety is Served With Every Meal - Menu is Subject to Change Without Notice - All Bread Products meet the USDA Whole Grain requirements for NSLP and HUSSC

"This institution is an equal opportunity provider."