

MSAD #54 Curriculum

Content Area: Physical Education
Unit: Brisketball *Single Day Lesson

Grade: 9- Diploma
MLR Span: 9-Diploma

MLR Content Standard:

G. Movement/Motor Skills and Knowledge: Students demonstrate the *fundamental and specialized movement skills* and apply *principles of movement* for improved performance.

I. Personal and Social Skills and Knowledge: Students demonstrate and explain responsible personal behavior and responsible social behavior in physical activity settings.

Performance Indicator:

**G1 Stability and Force
I1 Cooperative Skills
I2 Responsible Behavior**

| Performance Descriptor(s) | MSAD #54 Objectives | Instructional Resources/ Activities/Assessments |
|--|--|---|
| <p>G1 Stability and Force</p> <p>Students change their motion and the motion of objects by applying the principles of stability and force to modify their performance in games/physical activities.</p> <p>a. Demonstrate how spin and rebound affect the motion of an object.</p> <p>b. Use the <i>principle of opposition</i>, point of contact, and point of release to change the path of an object during a game/physical activity.</p> <p>c. Adjust movements to accommodate external forces that decrease risk for injury.</p> <p>I1 Cooperative Skills</p> <p>Students demonstrate collaborative skills while participating in physical activities.</p> <p>a. Accept constructive feedback. b. Give constructive feedback. c. Include peers respectfully in activities.</p> <p>I2 Responsible Behavior</p> <p>Students demonstrate responsible and ethical personal behavior while participating in physical activities.</p> | <p>Students will:</p> <p>Learn the rules and play the game of brisケットball.</p> | <p>Lesson</p> <p>Review skills including running, passing, catching guarding, forward overhead pass, under hand lateral pass.</p> <p>Activity – Game play</p> <p>Assessment – Informal</p> |